



**19th annual** australasian  
rehabilitation nurses'  
association **conference**

15 - 16 october 2009

bayview eden  
6 queens road, melbourne

[www.arna.com.au](http://www.arna.com.au)

ARNA

Australasian Rehabilitation  
Nurses' Association

(03) 9895 4483

email: [arna@pams.org.au](mailto:arna@pams.org.au)

| ARNA 19th National Conference | Program: Day 1   | Thursday 15th October 2009  |        |
|-------------------------------|--|---|--------|
| Time                          | Paper  | Presenter   |        |
| 8.00 - 9.00                   | Registration   | Bayview Eden, Melbourne   |        |
| 9.00 - 9.10                   | Welcome & Housekeeping   | Anthony Black<br>ARNA President   | VIC    |
| <b>Session 1</b>              | <b>Opening of Conference</b>   |   |        |
| <b>Chairperson:</b>           | <b>Anthony Black ARNA President</b>  |   |        |
| 9.10 - 9.25                   | Opening Address  | Belinda Moyes   | VIC    |
| 9.25 - 10.10                  | Keynote Address: Goal Setting  | Richard Siegert   | UK     |
| 10.10 - 10.20                 | A word from our Gold Sponsor   | Allergan  |        |
| <b>10.20 - 10.45</b>          | <b>Morning Tea &amp; Trade Exhibition</b>  |   |        |
| <b>Session 2</b>              |  |   |        |
| <b>Chairperson:</b>           | <b>Gillian Garrett ARNA Vice President</b>   |   |        |
| 10.45 - 11.15                 | Goal utilisation within the subgroups of rehabilitation  | Melissa Ceely   | QLD    |
| 11.15 - 11.45                 | Transition from inpatient rehabilitation to the community  | Deidre Widdall & Julie Pryor  | NT/NSW |
| 11.45 - 12.00                 | Enabling interdisciplinary communication through innovative partnerships in inpatient rehabilitation   | Amy Padgham   | VIC    |
| <b>12.00 - 13.00</b>          | <b>Lunch and a word from our Lunch Sponsor - Ipsen</b>   |   |        |
| <b>Session 3</b>              |  |   |        |
| <b>Chairperson:</b>           | <b>Julie Pryor ARNA Life Member</b>  |   |        |
| 13.00 - 14.45                 | Leadership Forum <ul style="list-style-type: none"> <li>4 short papers on aspects of nursing leadership</li> <li>Facilitated discussion between panel and delegates</li> </ul> | Anthony Black<br>Elizabeth Drolz<br>Megan Jane Johnstone<br>Ged Kearney |        |
| 14.45 - 15.00                 | The magical mystery tour: The adventure of writing for publication   | Kate O'Reilly & Melissa Bonser  | NSW    |
| 15.00 - 15.30                 | Building infrastructure to support clinical rehabilitation   | Ann Bonner  | NSW    |
| <b>15.30-15.45</b>            | <b>Afternoon Tea &amp; Trade Exhibition</b>  |   |        |
| <b>Session 4</b>              |  |   |        |
| <b>Chairperson:</b>           | <b>Jacqui Kiss ARNA Committee Member</b>   |   |        |
| 15.45 - 16.00                 | Rehabilitation nursing – the connection between leadership and person centre care  | Jane Motley   | VIC    |
| 16.00 - 16.30                 | Six years of Rehabilitation Benchmarking Data - how far have we come?  | Monique Berger  | NSW    |
| 16.30 - 16.35                 | Closing remarks – 1 <sup>st</sup> day  | Anthony Black<br>ARNA President   | VIC    |
| 16.45 - 17.15                 | ARNA Inc Annual General Meeting  | Members   |        |
| 19.00 - 22.30                 | Conference Dinner<br>The French Brassiere<br>2 Malthouse Lane<br>Melbourne   | Book through ARNA<br>PH: 03 9895 4483                                   |        |

# ARNA 19th National Conference



| ARNA 19th National Conference                             |   | Program: Day 2                             |     | Friday 16th October 2009 |  |
|---|---|--|-----|--------------------------|--|
| Time  | Paper   | Presenter                                  |     |                          |  |
| 8.30 - 9.00   | Registration  | Bayview Eden, Melbourne                    |     |                          |  |
| 9.00 - 9.10   | Welcome and Housekeeping  | Anthony Black                              | VIC |                          |  |
|   |   | ARNA President                             |     |                          |  |
| 9.10 - 9.15   | Introduction of 2009/10 National Committee  | Anthony Black                              | VIC |                          |  |
|   |   | ARNA President                             |     |                          |  |
| <b>Session 5</b>  |   |  |     |                          |  |
| <b>Chairperson:</b>                                       |   | <b>Garry Fehring ARNA Treasurer</b>        |     |                          |  |
| 9.15 - 10.15  | Keynote Address: Human Rights   | Richard Siegert                            | UK  |                          |  |
| <b>10.15 - 10.45 Morning Tea &amp; Trade Exhibition</b>   |   |  |     |                          |  |
| <b>Session 6</b>  |   |  |     |                          |  |
| <b>Chairperson:</b>                                       |   | <b>Penny Kearney ARNA Secretary</b>        |     |                          |  |
| 10.45 - 11.15   | Frequency and intensity of rehabilitation – how can we do this?   | Sandra Lever & Bless Ee                    | NSW |                          |  |
| 11.15 - 11.45   | Caring for people with spinal cord injuries: a review of the family carer literature                      | Laynie Pullin                              | NSW |                          |  |
| 11.45 - 12.15   | The proactive model of care   | Stella Taylor                              | VIC |                          |  |
| 12.15 - 12.45   | Taking the rehabilitation nurses' toolkit into acute care   | Anne McKenna                               | VIC |                          |  |
| <b>12.45 - 13.30 Lunch</b>                                |   |  |     |                          |  |
| <b>Session 7</b>  |   |  |     |                          |  |
| <b>Chairperson:</b>                                       |   | <b>Lyn McBain ARNA Committee Member</b>    |     |                          |  |
| 13.30 - 13.40   | Editor in Chief JARNA and ARNA Website  | Melissa Ceely                              | QLD |                          |  |
| 13.40 - 14.10   | Invited Speaker: Language and nursing practice  | Maie Tonuma                                | VIC |                          |  |
| 14.10 - 14.40   | Parkinson's, partnerships and promoting independence  | Wendy Sangster                             | VIC |                          |  |
| 14.40 - 14.55   | Slow track tracheostomy decuffing and decannulation from a rehabilitation focus                           | Suzanne Harwood & Prue Boylan              | NT  |                          |  |
| 14.55 - 15.10   | Heart and lung transplant: A rehabilitation perspective   | Rachel Harris                              | NSW |                          |  |
| <b>15.10 - 15.30 Afternoon Tea &amp; Trade Exhibition</b> |   |  |     |                          |  |
| <b>Session 8</b>  |   |  |     |                          |  |
| <b>Chairperson:</b>                                       |   | <b>Melissa Ceely Editor in Chief JARNA</b> |     |                          |  |
| 15.30 - 15.45   | Nursing Works in a rehabilitation environment   | Justin Prendergast                         | SA  |                          |  |
| 15.45 - 16.00   | Developing a culture of inquiry and evaluation in rehabilitation nursing through post graduate study      | Suzie Hooper                               | VIC |                          |  |
| 16.00 - 16.15   | How to survive the pain of a paper cut: An interdisciplinary approach for pain management in severe burns | Suzanne Stacey                             | NSW |                          |  |
| 16.15 - 16.30   | Announcement 20 <sup>th</sup> National Conference 2010 & Closing remarks                                  | Anthony Black                              | VIC |                          |  |
|   |   | ARNA President                             |     |                          |  |