

DOMAIN 1: THE REHABILITATIVE APPROACH

COMPETENCY STANDARD 1 ADOPTS A REHABILITATIVE APPROACH TO THE PERSON

Competency Element 1.1

Promotes the development of therapeutic relationships with the aim of facilitating rehabilitation

Competency Element 1.2

Actively seeks to understand each individual in his/her context and possess a “sense of that person”

Competency Element 1.3

Adopts a wellness model

Competency Element 1.4

Focuses on each person’s abilities

Competency Element 1.5

Encourages the person and his/her significant others to see possibilities and explore opportunities

Competency Element 1.6

Possesses a repertoire of interpersonal skills and techniques to facilitate rehabilitation

Competency Element 1.7

Uses appropriate interpersonal skills and techniques based upon an assessment of the person in his/her context at that point in time, being mindful of their long term and short term goals

Competency Element 1.8

Contributes to the creation of a physical, social and attitudinal environment that is rehabilitative

DOMAIN 2: THE TEACHING AND COACHING ROLE

COMPETENCY STANDARD 2 VIEWS EVERY INTERACTION WITH THE PERSON AS A TEACHING/LEARNING OPPORTUNITY

Competency Element 2.1

Bases all teaching and coaching upon an assessment of the person in his/her context at that point in time, being mindful of their long term and short term goals

Competency Element 2.2

Engages in teaching and coaching directed towards the promotion of self-determination by the person

Competency Element 2.3

Facilitates the development of self care and independence of the person through teaching and coaching

Competency Element 2.4

Supports the development of knowledge and skills in significant others and carers through teaching and coaching

Competency Element 2.5

Uses a diverse range of teaching and coaching skills, and possesses knowledge of relevant and appropriate resources

Competency Element 2.6

Adapts to meet the learning needs, readiness and style of the person, significant other or carer

Competency Element 2.7

Evaluates learning and incorporates this evaluation into the teaching/learning plan

DOMAIN 3: OBSERVATION, ASSESSMENT AND INTERPRETATION

COMPETENCY STANDARD 3 INCORPORATES OBSERVATION, ASSESSMENT AND INTERPRETATION INTO EVERYDAY PRACTICE AS CORE ACTIVITIES FOR GETTING TO KNOW THE PERSON AND PLANNING THE NURSING RESPONSE

Competency Element 3.1

Facilitates the setting of goals, the development of a rehabilitation plan and discharge planning with the person through observation, assessment and interpretation

Competency Element 3.2

Bases the choice of intervention, timing, duration, frequency and approach for the nursing response upon the assessment of the person in his/her context at that point in time, being mindful of the long term and short term goals

Competency Element 3.3

Continually gathers and interprets information to inform every stage of all planned and unplanned interactions

DOMAIN 4: ADMINISTERING AND MONITORING THERAPEUTIC INTERVENTIONS

COMPETENCY STANDARD 4 ADMINISTERS AND MONITORS THERAPEUTIC INTERVENTIONS

Competency Element 4.1

Contributes to the person's rehabilitation through a variety of independent therapeutic nursing activities aimed at maintaining the person's current body functions, activities and participation

Competency Element 4.2

Contributes to the person's rehabilitation through a variety of independent therapeutic nursing activities aimed at promoting health and wellness

Competency Element 4.3

Contributes to the person's rehabilitation through a variety of independent therapeutic nursing activities aimed at preventing health breakdown, activity limitations and participation restrictions

Competency Element 4.4

Contributes to the person's rehabilitation through a variety of independent therapeutic nursing activities aimed at restoring function, activities and participation

Competency Element 4.5

Promotes the person's self-determination, the attainment of goals and maximisation of safety

Competency Element 4.6

Contributes to the person's rehabilitation through active participation in allied health and medical interventions, including collaborative assessment, planning, implementation and evaluation of interventions with the person, significant others and/or carers and the rehabilitation team

Competency Element 4.7

Contributes to the person's rehabilitation by monitoring the person's response to allied health and/or medical interventions

DOMAIN 5: MANAGEMENT OF RAPIDLY CHANGING SITUATIONS

COMPETENCY STANDARD 5 MANAGES RAPIDLY CHANGING SITUATIONS

Competency Element 5.1

Possesses knowledge of situations that have the potential to change rapidly

Competency Element 5.2

Conducts comprehensive and ongoing assessment to identify the early warning signs of change

Competency Element 5.3

Accurately interprets the significance of each change for the individual person

Competency Element 5.4

Uses ongoing assessment to determine early intervention to prevent the occurrence of adverse situations

Competency Element 5.5

Uses a repertoire of skills to effectively manage a variety of rapidly changing situations, that may be related to physiological, psychological, social or spiritual dimensions of the person, significant others, carers and/or the rehabilitation team

DOMAIN 6: MANAGEMENT, ADVOCACY AND CO-ORDINATION ROLE

COMPETENCY STANDARD 6 FULFILS A MANAGEMENT, ADVOCACY AND CO-ORDINATION ROLE IN RELATION TO THE PERSON'S REHABILITATION

Competency Element 6.1

Maximises the person's safety and well being

Competency Element 6.2

Co-ordinates rehabilitation of the person/s to maximise outcomes

Competency Element 6.3

Manages the clinical service/unit

Competency Element 6.4

Facilitates effective communication across the organisation, as well as health and community services

Competency Element 6.5

Liaises with significant others and/or carers to support the achievement of the person's goals

Competency Element 6.6

Advocates on behalf of the person, significant others and/or carers

DOMAIN 7: MONITORING AND ENSURING THE QUALITY OF HEALTH CARE PRACTICES

COMPETENCY STANDARD 7 MONITORS AND ACTIVELY PARTICIPATES IN THE PURSUIT OF QUALITY HEALTH CARE PRACTICES AT THE INDIVIDUAL LEVEL THROUGH TO THE HEALTH CARE SYSTEM LEVEL

Competency Element 7.1

Takes responsibility for own professional development

Competency Element 7.2

Contributes to the professional development of other nurses and health professionals within rehabilitation, and other health and community services

Competency Element 7.3

Acts to enhance staff safety and well being

Competency Element 7.4

Incorporates knowledge of relevant legislation into practice

Competency Element 7.5

Identifies constraints to best practice and addresses these in a professional manner